

Republic of the Philippines  
Bangsamoro Autonomous Region in Muslim Mindanao  
**BANGSAMORO TRANSITION AUTHORITY**  
BARMM Compound, Cotabato City

**BTA Parliament Resolution No. 612**

Introduced by:

**Hon. Member of the Parliament ROMEO C. SALIGA**

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**RESOLUTION SUPPORTING AND PROMOTING  
TRADITIONAL AND LOCAL REMEDIES TO ADDRESS COVID-19  
PANDEMIC**

**Whereas**, the Department on Health (DOH) has acknowledged that the pandemic can affect mental health and has emphasized that those who feel sad or worried during the coronavirus pandemic are not alone. The DOH suggested that it is important to stay connected with others despite the restrictions on movement due to the pandemic<sup>1</sup>;

**Whereas**, World Health Organization (WHO) recognizes that traditional, complementary and alternative medicine has many benefits;

**Whereas**, records reveal that a lot of quarantined Covid-19 patients, among others, suffered depression and mental anxieties during their commitment to covid facilities resulting to suicides<sup>2</sup>;

**Whereas**, the usual Covid-19 quarantine facilities are restricted and close areas with no windows or vents limiting fresh air to circulate thereby suffocating the patients and contribute to mental anxiety;

**Whereas**, declarations have been expressed by Covid-19 patients that severity disease were relieve thru traditional or local remedies such as steam inhalation of concoction of lemon grass, ginger, salt and lemon and; ingestion of Vitamin C reach fruits and vegetables which are at arm's reach;

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<sup>1</sup> Ibid

<sup>2</sup> The Philippine Star, October 7, 2020



**Whereas**, until this moment, there is no government approved medicine to cure the disease except for preventive measures thereto;

**Whereas**, a lot of residents are apprehensive to go to the nearest hospital for treatment due to fear of being tested positive with the disease and be subjected to quarantine for not less than fourteen (14) days;

**Whereas**, traditional quarantine facilities for infectious disease patients are *fələbo*, *dəmaləs*<sup>3</sup>, (Teduray and Lambanian), *igegama mekeatag te kedtumpisi te lawa te etew embe egkeawa ke mge kahew* (Erumanen ne Menuvu), *tigsawen* or *lumebo* (Manobo Dulangan) and *beley istambayanan* (Higaonon);

**Whereas**, local remedies are *fəgəbəl*, *tulak* (Teduray and Lambanian) (*ritual to drive away harmful spirits*), *kenduli* or *pengetey te bawi* (Erumanen ne Menuvu and *duka* (Manobo Dulangan);

**Whereas**, it is the constant clamor of the inhabitants in remote communities of BARMM, especially the NMIPs, that a resolution supporting and promoting traditional and local remedies to address Covid-19 pandemic be approved by the Bangsamoro Transition Authority Parliament (BTA-Parliament).

**WHEREFORE, IT IS HEREBY RESOLVED**, to support and promote traditional quarantine facilities and local remedies to address Covid-19 pandemic.

Adopted this \_\_\_\_ day of \_\_\_\_\_, \_\_\_\_\_.

Authored by:

  
**ROMEO C. SALIGA**  
Member of the Parliament  
BTA-Parliament

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<sup>3</sup> Overcoming the Covid-19 Pandemic by Alim "Kim" Bandara, June 21, 2020